

**WALKING TOWARD ETERNITY**  
**ENGAGING THE STRUGGLES OF YOUR HEART**  
**BIBLE REFERENCES**  
**SESSION 2- ENGAGING YOUR APPETITES**

**SESSION 2 - DAY 1 - Engaging Your Appetites**

**a) Luke 12:15**

Then he said to the crowd, "Take care to guard against all greed, for though one may be rich, one's life does not consist of possessions."<sup>i</sup>

**b) Genesis 3:6**

The woman saw that the tree was good for food and pleasing to the eyes, and the tree was desirable for gaining wisdom. So she took some of its fruit and ate it; and she also gave some to her husband, who was with her, and he ate it.<sup>o</sup>

**c) Exodus 20:17**

You shall not covet your neighbor's house. You shall not covet your neighbor's wife, his male or female slave, his ox or donkey, or anything that belongs to your neighbor.<sup>n</sup>

**d) Proverbs 23:2-5**

2 Stick the knife in your gullet if you have a ravenous appetite. 3 Do not desire his delicacies; it is food that deceives. 4 Do not wear yourself out to gain wealth, cease to be worried about it; 5 When your glance flits to it, it is gone! For assuredly it grows wings, like the eagle that flies toward heaven.<sup>-</sup>

**e) Ezekiel 16:49**

Now look at the guilt of your sister Sodom: she and her daughters were proud, sated with food, complacent in prosperity. They did not give any help to the poor and needy.

**Optional Further Reading**

**a) Micah 2:1-2**

1<sup>\*</sup> Ah! you plotters of iniquity, who work out evil on your beds! In the morning light you carry it out for it lies within your power. 2<sup>\*</sup> You covet fields, and seize them; houses, and take them; You cheat owners of their houses, people of their inheritance.

**b) Genesis 13:2, 5-6**

2<sup>\*</sup> Now Abram was very rich in livestock, silver, and gold.

5 Lot, who went with Abram, also had flocks and herds and tents, 6 so that the land could not support them if they stayed together; their possessions were so great that they could not live together.

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**Matthew 6:24**

“No one can serve two masters.<sup>m</sup> He will either hate one and love the other, or be devoted to one and despise the other. You cannot serve God and mammon.

**SESSION 2 - DAY 2 - Engaging Your Appetites**

**a) Matthew 4:2-4**

2 He fasted for forty days and forty nights,<sup>\*</sup> and afterwards he was hungry. 3 The tempter approached and said to him, “If you are the Son of God, command that these stones become loaves of bread.” 4 He said in reply, “It is written: ‘One does not live by bread alone, but by every word that comes forth from the mouth of God.’”

**b) 2 Timothy 1:6-7**

6 For this reason, I remind you to stir into flame the gift of God<sup>\*</sup> that you have through the imposition of my hands. 7 For God did not give us a spirit of cowardice but rather of power and love and self-control.<sup>e</sup>

**c) Romans 13:9**

The commandments, “You shall not commit adultery; you shall not kill; you shall not steal; you shall not covet,” and whatever other commandment there may be, are summed up in this saying, [namely] “You shall love your neighbor as yourself.”<sup>g</sup>

**d) Acts 20:35**

In every way I have shown you that by hard work of that sort we must help the weak, and keep in mind the words of the Lord Jesus who himself said, ‘It is more blessed to give than to receive.’”<sup>l</sup>

**e) Acts 2:44-46**

44 All who believed were together and had all things in common; <sup>b</sup> 45 they would sell their property and possessions and divide them among all according to each one’s need. 46 Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart,

**Optional Further Reading**

**a) 1 Corinthians 9:24-25**

24<sup>\*</sup> Do you not know that the runners in the stadium all run in the race, but only one wins the prize? Run so as to win. 25 Every athlete exercises discipline in every way. They do it to win a perishable crown, but we an imperishable one.

**b) Luke 12:16-23**

16 Then he told them a parable. “There was a rich man whose land produced a bountiful harvest. 17 He asked himself, ‘What shall I do, for I do not have space to store my harvest?’ 18 And he said, ‘This is what I shall do: I shall tear down my barns and build larger ones. There I shall store all my grain and other goods 19<sup>l</sup> and I shall say to myself, “Now as for you, you have so many good things stored up for many years, rest, eat, drink, be merry!”’<sup>k</sup> 20 But God said to him, ‘You fool, this night your life will be demanded of you; and the things you have prepared,

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to whom will they belong?’ 21 Thus will it be for the one who stores up treasure for himself but is not rich in what matters to God.”\* **Dependence on God.** 22<sup>l</sup> He said to [his] disciples, “Therefore I tell you, do not worry about your life and what you will eat, or about your body and what you will wear. 23 For life is more than food and the body more than clothing.

**SESSION 2 - DAY 3 - Engaging Your Appetites**

**a) 1 John 2:15-17**

15 Do not love the world or the things of the world.\* If anyone loves the world, the love of the Father is not in him.<sup>l</sup> 16 For all that is in the world, sensual lust,\* enticement for the eyes, and a pretentious life, is not from the Father but is from the world. 17 Yet the world and its enticement are passing away. But whoever does the will of God remains forever.<sup>m</sup>

**b) Hebrews 13:5**

Let your life be free from love of money but be content with what you have, for he has said, “I will never forsake you or abandon you.”<sup>d</sup>

**c) Proverbs 25:16**

If you find honey, eat only what you need, lest you have your fill and vomit it up.

**d) Matthew 6:19-21**

19\* “Do not store up for yourselves treasures on earth, where moth and decay destroy, and thieves break in and steal.<sup>l</sup> 20 But store up treasures in heaven, where neither moth nor decay destroys, nor thieves break in and steal. 21 For where your treasure is, there also will your heart be.

**e) 2 Timothy 2:22**

So turn from youthful desires and pursue righteousness, faith, love, and peace, along with those who call on the Lord\* with purity of heart.

**Question 2. Matthew 19:16-22**

16<sup>h</sup> Now someone approached him and said, “Teacher, what good must I do to gain eternal life?”\* 17 He answered him, “Why do you ask me about the good? There is only One who is good.\* If you wish to enter into life, keep the commandments.” 18<sup>i</sup> He asked him, “Which ones?” And Jesus replied, “ ‘You shall not kill; you shall not commit adultery; you shall not steal; you shall not bear false witness; 19 honor your father and your mother’; and ‘you shall love your neighbor as yourself.’ 20\* The young man said to him, “All of these I have observed. What do I still lack?” 21<sup>i</sup> Jesus said to him, “If you wish to be perfect, go, sell what you have and give to [the] poor, and you will have treasure in heaven. Then come, follow me.” 22 When the young man heard this statement, he went away sad, for he had many possessions.

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**Optional Further Reading**

**a) Romans 12:2**

Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect.

**b) Galatians 5:16**

I say, then: live by the Spirit and you will certainly not gratify the desire of the flesh.

**c) Psalms 24:1**

The earth is the LORD's and all it holds, the world and those who dwell in it.

**d) 1 Timothy 6:17-19**

**Right Use of Wealth.\*** 17 Tell the rich in the present age not to be proud and not to rely on so uncertain a thing as wealth but rather on God, who richly provides us with all things for our enjoyment. 18 Tell them to do good, to be rich in good works, to be generous, ready to share, 19 thus accumulating as treasure a good foundation for the future, so as to win the life that is true life.